



# Youth Guidance

## Mentoring and Activities Program

### Ways You Can Help!

- \* Place YG brochure rack in your lobby.
- \* Showcase our Guidance Gallery in your lobby for 1-2 weeks.
- \* Serve on our Board of Directors or Advisory Council
- \* Make a donation online at [www.ircyouth.com](http://www.ircyouth.com)
- \* Become a Business Mentor Host Site
- \* Become a Gold Sponsor: Bear the cost of an event and provide volunteers to be matched with our children for the event.
- \* Become a Silver Sponsor: Provide volunteers OR bear the cost of one of our monthly children activities.

**Barbara Schlitt Ford, Executive Director**

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**Physical Address: 1028 20th Place, Vero Beach, FL 32960**

**Phone: 772-770-5040 Fax: 772-770-5042**

### The Youth Guidance Mentoring & Activities Program

#### **Mission Statement:**

Youth Guidance is dedicated to enriching the lives of children in need in Indian River County through establishing a positive mentoring relationship with volunteer adults in order to have youth achieve their full potential.

- Established in 1973. We serve 700 K-12th grade children living in single-parent homes in IRC annually.
- Our main focus is one-on-one mentoring.
- We also provide over 50 monthly activities for unmatched children annually (i.e. kayaking, museum and theatre trips, boating, fishing, etc.).
- Provide over \$50,000 in summer camp scholarships.
- Provide opportunities for children to participate in city and county recreation programs.
- College scholarships & afterschool program financial assistance.
- School clothing assistance.
- Tennis clinics at area clubs.
- Christmas & Birthday celebrations (including gifts)!

Please visit our website, [www.ircyouth.com](http://www.ircyouth.com), to learn more about the services we provide the at-risk children in Indian River County!

### **Youth Guidance 2009-2010 Board of Directors & Advisory Council**

#### Executive Committee

Randy Tremblay  
*Chair*  
Dee Giannotti  
*Vice Chair*  
Patrick Graham  
*Treasurer*  
Candace MacMillan  
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#### Members at Large

Rebecca Hornbuckle  
Joe Idlette III  
Dan Kross  
Warren Lewis  
Holly Mantle  
Jackie Rossi  
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#### Advisory Council

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Michelle Dion  
Kris Gault  
Mandy Hall  
Barbara Hauptfuhrer  
Steve Smith  
Gerry Thistle  
Mark Hornbuckle  
Stacey Miller  
Nancy Milsten  
Angie Schepers



## ***Why You Should Mentor:***

- Single parenthood is associated with as much as **87%** higher incidences of child neglect than children living in a two-parent household.
- **2007** showed a nearly **10%** increase in delinquency rates among juveniles in IRC and a **14%** increase in child abuse related deaths in FL.
- Children who are mentored are
  - \* **46%** less likely to begin using illegal drugs
  - \* **27%** less likely to begin drinking alcohol
  - \* **52%** less likely to skip school
  - \* **33%** less likely to engage in a fight

## ***Types of Mentoring:***

**Community Based Mentoring:** *Take your mentee out and about in IRC on your own time. You're free to take them fishing, walking on the beach, or bring them back to your house to prepare and share a nutritious meal together!*

**Business Mentoring:** *Bring a teen to work a couple of hours a week after school. Allow them to learn skills that will help them in the future such as: filing, answering phones, preparing mass mailings, etc.*

**Tutoring Mentor:** *Meet with a child to help them excel in their school work. Many of our children are below reading level and can use the one-on-one attention of a reading tutor a few hours each week. You can meet at the child's school, the public library, our office, or at your place of choice.*

**Walking/Exercise Mentor:** *Take a child to walk the bridge twice a week to encourage a healthy, active lifestyle. Other options include: running, bicycling, walking on the beach, or playing a sport.*

***If interested in one of these opportunities, please call 226-3092!***